



COVID-19 REOPENING PLAN 2020-2021

Please note that the contents of this document are subject to change according to latest COVID-19 conditions and regulations.

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Resources:

American Academy of Pediatrics

<https://www.aap.org/en-us/Pages/Default.aspx>

Centers for Disease and Control)

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

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Anchor fully intends to remain open for our families on a full-time, in-school capacity. The school will follow all state and municipality mandates. However, families must be ready for remote learning on a moment's notice. Anchor will return to virtual learning, if the School Board feels it is the safest option or required by the government or health department.

Drop Off Screening

All children and staff will be screened upon arrival. Children and staff who have a fever of 100 or above or show other signs of illness will not be admitted. Parents must keep them home when they are sick. Even if the child does not have a temperature, but they appear sick (cough, runny nose, etc.) the Principal, Early Childhood Director, or assigned Staff has the right to deny the child's attendance for that day or days thereafter.

- All students must have a mask upon entering the building for their screening.
- Staff will take the child's temperature using a non-contact thermometer and parents will answer the following 3 questions:
 1. Within the last 10 days, have you been diagnosed with COVID-19 or had a positive test for the virus?
 2. Do you live in the same household or have you had close contact* in the last 14 days with someone who has been told they had COVID-19 or tested positive for COVID-19?
 3. Have you had any of these symptoms in the last 3 days?
 - Fever
 - New cough
 - New trouble breathing or shortness of breath
 - Chills
 - Night sweats
 - Sore throat
 - Body aches
 - Muscle aches
 - Joint pain
 - Loss of taste or smell
 - Headache
 - Confusion
 - Vomiting
 - Diarrhea
 - Abdominal pain
- If a person answers YES to one or more questions, the family will be sent home.
- Anyone who exhibits COVID-19 symptoms or who is running a fever will be directed to leave the premises immediately to seek medical care and/or COVID-19 testing, per CDC guidelines.
- Student will proceed to their homerooms and wash their hands when reaching their homeroom.

*A close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated. (Centers for Disease and Control)

What to do if Someone Develops Signs of COVID-19

To prepare for the potential of a student or staff showing symptoms while at school, Anchor has a response and communication plan in place that includes communication with staff, families, and our local health jurisdiction. We are confident that with limited moving around within classrooms, face coverings, and our small size we can limit transmission of illness. Should someone develop signs of COVID-19 or be confirmed with it, we will consult CDC guidelines and contact the local health department to discuss the appropriate management of potentially exposed staff and students. It will also be determined at that time whether school should immediately cease in-person gatherings, close for additional cleaning, or otherwise change protocols.

If a student or staff member tests positive for COVID-19, the local health jurisdiction will advise, but it is likely that many of the student's classmates will be considered close contact and need to quarantine. **The following are ways in which a student can return after the quarantine:**

- **Close Contact** students must quarantine for 14 days starting from their last exposure. A negative test result must be provided to the administrator prior to returning to school.
- **Asymptomatic** students who continue without symptoms, can return after 10 days has passed from their initial positive test result.
- **Symptomatic** students can return after 10 days starting when symptoms first appear, if they are fever-free for 24 hours (without the use of fever-reducing medications), and all other symptoms of COVID-19 are improving. We understand that the loss of taste and smell may last longer, this will not delay students from returning. (Centers for Disease and Control)

In order to keep all families safe, we will close the entire building for **48 hours after the school is notified of a positive result. Per CDC recommendation the school will be empty for the first 24 hours and thoroughly cleaned for the second 24 hours.**

In order to communicate effectively and rapidly, ensure that ALL pertinent, phone numbers and e-mails are provided and current to the office.

Students or Staff who Become Sick at School

“Although many questions remain, the preponderance of evidence indicates that children and adolescents are less likely to be symptomatic and less likely to have severe disease resulting from SARS-CoV-2 infection. In addition, children may be less likely to become infected and to spread infection.”(American Academy of Pediatrics)

- If a student becomes ill while at school, Anchor will provide a space for the ill student to rest while waiting for the arrival of parent/guardian.
- Anchor will contact the student's parent/guardian to pick up the student as soon as possible.
- The student will be monitored while awaiting parent/guardian's arrival.
- Staff will close off areas used by any sick persons and will not be used until thorough cleaning and disinfection takes place.

- Notify local health officials, staff, and families immediately of a possible case while maintaining confidentiality as required by the Americans with Disabilities Act (ADA) and Family Education Rights and Privacy Act (FERPA).
- Sick children and staff will not return to school until they have met the criteria to return. Criteria will be determined by the local health officials.
- Those with a fever cannot return to school for 72 hours or proof of wellness.

Hand-washing

“Hand hygiene is an important part of the U.S. response to the international emergence of COVID-19. Practicing hand hygiene, which includes the use of alcohol-based hand rub (ABHR) or hand-washing, is a simple yet effective way to prevent the spread of pathogens and infections in healthcare settings. CDC recommendations reflect this important role.” (Centers for Disease and Control)

Staff will wash hands with soap and water for at least 20 seconds and will assist children in doing the same. Alcohol-based hand sanitizers are placed in each classroom and hallways when hand-washing is unavailable (i.e. 6th and Jr. High).

All children and staff will engage in hand hygiene at the following times:

- Before and after preparing food or drinks
- Before and after eating or handling food
- Before and after administering medication or medical ointment
- After using the toilet
- After coming in contact with bodily fluids
- After playing outdoors
- After touching or adjusting face coverings

Cleaning and Disinfecting

According to the Center for Disease Control:

- Wear reusable or disposable gloves for routine cleaning and disinfection.
- Clean surfaces using soap and water, then use disinfectant.
- Cleaning with soap and water reduces a number of germs, dirt and impurities on the surface. Disinfecting kills germs on surfaces.
- Practice routine cleaning frequently touched surfaces. High touch surfaces include: tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.

Face Coverings/Personal Protective Equipment

“To reduce the spread of COVID-19, CDC recommends that people wear cloth face coverings in public settings when around people outside of their household, especially when other social distancing measures are difficult to maintain.” (Centers for Disease and Control)

Wearing face coverings may help prevent the spread of COVID-19 and is required for staff, students 5 years and older, parents/guardians and visitors.

- We recommend that students have 5 face coverings (1 per school day). If your child does not have a face covering, a disposable mask will be provided and charged to your account.

- Younger students must be supervised when wearing a cloth face covering or face shield and will need help putting them on, taking them off, and getting used to wearing them.
- Even when cloth face coverings are worn, continue practicing proper physical distancing.
- Physical distancing and face coverings, when used together, reduce the risk of transmitting illness.

Exceptions to face coverings will be considered and approved only by the Anchor Administrator and may need a doctor's note:

- Those with a disability that prevents them from comfortably wearing or removing a face covering, respiratory conditions, or who are deaf or hard of hearing and use facial and mouth movements as part of communication.
- Those advised by a medical, legal, or behavioral health professional that wearing a face covering may pose a risk to that person.
- Students may use face shields as an alternative to a cloth face covering.

Social Distancing/Limited Contact

“Physical distancing, sometimes referred to as social distancing, is simply the act of keeping people separated with the goal of limiting spread of contagion between individuals. It is fundamental to lowering the risk of spread of SARS-CoV-2, as the primary mode of transmission is through respiratory droplets by persons in close proximity.” (American Academy of Pediatrics)

- Every student will be provided with desks for individual use. Desks will be spaced out as much as possible and all student supplies will be used by them alone and kept in their assigned desk.
- Each class will stay in their own homeroom classrooms as much as possible.
- Music class will be held in their homeroom classrooms. P.E. will be outdoors with limited contact. This year we will not have band or choir.
- When needed, teachers will move between classrooms and students will remain in their assigned classrooms.

Lunch/Snack/Drinking Fountains

- Hot Lunch - First semester hot lunch will not take place this year. We will reassess before semester break in December.
- All lunches will be brought from home. They must be a cold lunch - no warm ups/ microwaved foods.
- Milk will still be available.
- No food will be shared.
- Birthday treats may be sent in and must be store purchased individually wrapped items.
- Drinking Fountains - Students are encouraged to bring their own water bottles labeled with their name from home. The community drinking fountains will not be used at this time.

Recess

- Recess and PE classes will be held outside unless weather deems it not possible (i.e. extreme weather, temperature below 0).
- Physically distancing will be encouraged with non-contact sports and activities.
- Sports - First semester sports will not take place this year. We will reassess before semester break in December.

Chapel

- Chapel will be done virtually. All students will watch pre-recorded chapel services in their classrooms once a week.

Out of State Travel

- Anchor Lutheran will follow all travel guidelines that are required by the State of Alaska. Per the recent Nov 16, 2020, Health Order Number 6 (<https://covid19.alaska.gov/health-order/#6>): If you are entering Alaska from another state you must arrive with proof of a qualifying negative COVID-19 test OR receive a COVID-19 test when you arrive in Alaska and self-quarantine until your results arrive. If you choose not to test after your trip then you must self-quarantine for 14 days.

Parents/Volunteers

- No unnecessary persons (including volunteers) will be admitted into the school buildings. To ensure student safety and wellness, we anticipate that parents will not be allowed to enter the building on a daily basis. The office will be open daily, please note you may be asked what the reason of your visit is before being granted access.
- F.I.P. Hours - With limited parent access to the building this year, we understand the difficulty to complete F.I.P. Hours. Our School Board will be addressing this concern at the August meeting and will notify families in September.

School Closure

School closures will be communicated via email by the administrator and classroom teacher. Our primary model for instruction is face-to-face however,

- We must be ready for remote learning on a moment's notice.
- The school may utilize virtual learning for individual classrooms or multiple groups if the school board deems it is necessary to due to COVID-19 impacts on teachers or staff.
- Anchor will return to virtual learning if required by the government or health department.

Child Watch

- Child Watch will be combined classroom. All children who attend K-6th grade will be masked and required frequent hand-washing. At this time Child Watch is limited to 20 Anchor students. Students who attend Campbell Elementary will not be admitted.



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Anchor Lutheran School 2020-2021 School Year

In-person School Choice Acknowledgement:

I have received information on COVID-19, the pandemic coronavirus. I understand that attending school and school activities means an increased risk that my child and my family get the virus. I understand that my child's school will do what they can to prevent spread of the virus, including switching to virtual learning when necessary. Other things may be riskier than going to school, for example going to events where there are a lot of people close together indoors, and I can choose whether I want my family to go to any crowded events this year where they might get the virus. I acknowledge the risk that this places on the Anchor Lutheran family. I have received information that the virus is passed by people coughing, breathing or touching each other, or by touching things other people have touched. I have received information that keeping at least six feet of distance from people outside of my household, wearing a cloth face covering, washing my hands frequently, and staying home when I am sick can help prevent spread of the virus, and **I will help my children understand these things.**

I know that there are options for my child to learn and stay home this year. I want my child to participate in in-person school this year.

Child's name: _____

Parent or legal guardian signature & date: _____, __/__/2020



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Anchor Lutheran School 2020-2021 School Year

Information Release:

Student's name _____

Given the seriousness of exposure to COVID-19 and the desire to keep schools as safe as possible:

I agree to tell the school principal or Early Childhood Director if my student:

- has been tested for COVID-19 and is awaiting results, or
- has received a positive result for COVID-19 in the last 14 days, or
- has been in close contact to someone with COVID-19 in the last 14 days.

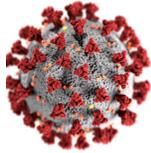
I understand that in disclosing this information, Anchor Lutheran will take reasonable measures to keep my student's name and identity confidential but that privacy can never be fully guaranteed. I understand that the school will be mandated to share the information with the State of Alaska, Department of Public Health. To that end, I authorize Anchor Lutheran and the State of Alaska, Department of Public Health to share information as necessary and appropriate for the situation.

This authorization expires on the last day of the school year or sooner if I submit a written request to withdraw my consent.

Yes, I agree and give permission as described above.

Parent/guardian signature and date _____, __/__/2020

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



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cdc.gov/coronavirus